

Swalloweze Clear

How to Make a Thickened Drink



1.



Add **level scoops** of powder into a **clean and dry** cup or shaker.

2.



Add fluid of choice **to the powder**

3.



Stir / shake **vigorously** until powder is **completely dissolved**



Wait for **3 mins.** For fluids containing milk, **wait up to 10mins.**

	LEVEL 1 <i>Slightly Thick</i>	LEVEL 2 <i>Mildly Thick</i>	LEVEL 3 <i>Moderately Thick</i>	LEVEL 4 <i>Extremely Thick</i>
200ml All Fluid	1 	2 	3 	7 

Note: Swalloweze Clear uses the same number of scoops per level as Nutilis clear.